PERFORMANCE



NOT JUST A BIKE

ADVANCED PERFORMANCE TRAINING & REHABILITATION TOOL

Measure power in left or right leg, rehab athletes or build cardio strength with the Watt Bike. The Watt Bike provides accurate measurements of HR, Cadence, Leg Balance and most importantly Power to provide coaches and trainers with a unique training tool.

DYNAMIC TRAINING TOOL

The Wattbike ideal for testing, training and rehabilitating athletes, its air resistance technology offers a unique realistic feel and its advanced computer display is intuitive and accurately monitors speed, power and HR. The unique Watt Bike Polar View provides a great deal of insight into how power and forces are being produced. Effectively identify imbalances, muscle recruitment and fatigue with real time feedback. Create a baseline or measure improvements over time to assure athletes are ready to return to play or achieving results.

The Watt Bike does not use a fixed crank like many bikes so users can stop pedaling at anytime.

Both models feature a dual braking system (air and magnetic) for applying and fine turning training methods.

ADJUSTMENTS & SIZING

The Watt Bike provides a great deal of adjustability to provide a comfortable platform for most users



PRO

The Pro offers a higher Wattage load, approximately 57% higher at each resistance level with the same cadence (Pro level 1 150 W at 90 cadence)

TRAINER

(Trainer level 1 85 W at 90 cadence)



WATTBIKE

THE EXPERT SOFTWARE

Analyze data from each training or testing session

Data can be displayed in real time or reviewed after the session.

GROUP CYCLING

The performance data provides motivation for users and accurate data for coaches and trainers to assess the rate of improvement of each individual.





Wattbike measures power output
100 times per second, enabling the
individual to monitor
the quality of their training to an
unrivalled level of accuracy.

0:03:51	94 _{1/m}
LeftL 0° 180° RightR	208 _{watt}
1	202 ave Watt
48% 1999 99 52%	138 •

PHYSICAL SPECIFICATIONS	
Unit Weight	121 lb.
Width	20" (52 cm)
Length	49" (125 cm)
Height	Max 51" (130 cm) (Handlbars at full height)
Power Supply	Does Not Require Power Source
Saddle Height	23-33" (59-84 cm)
Handlebar Height	21-29" (55-74 cm)
Saddle & Handlebar Horizontal Adjustment	2" (6 cm)
Custom Saddle	0
Extra Long Seat Stem	0





The Wattbike comes fitted with a combination bar featuring drops, tri-bars and hoods for a more comfortable versatile workout.

TO LEARN MORE, VISIT WWW.WOODWAY.COM OR CALL 800.WOODWAY TO TALK TO A REPRESENTATIVE.

